



DEEP HUMAN
INSTITUTE

FOR LEADERS
AND ASPIRING
LEADERS

DEEP HUMAN LEADERSHIP

The Art of Leading in the Modern World



DR GREG LIM-LANGE

CRYSTAL LIM-LANGE

VIRTUAL	HYBRID	FACE-TO-FACE MASTERY EDITION
2-DAY VIRTUAL TRAINING	2-DAY LIVE F2F TRAINING	
2 X 2 HOUR VIRTUAL PRACTICE SESSIONS		1.5 DAYS F2F PRACTICE SESSION
23 & 26 FEBRUARY PRACTICE SESSIONS: 27 FEB & 26 MAR	TBA	8 & 11 MARCH PRACTICE SESSIONS: 18 (FULL) & 25 MAR (1/2 DAY)



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DAY 1 - LEADING YOURSELF CURRICULUM



Focus & Mindfulness



Awareness



Self-mastery &
emotional regulation



Mindsets for success



Understanding 4
fundamental
communication types



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DAY 2 - LEADING OTHERS

CURRICULUM



Empathic
communication



Coaching &
developing others



Giving & receiving
feedback



Collaboration & team
dynamics



Building a culture of
high performance &
psychological safety



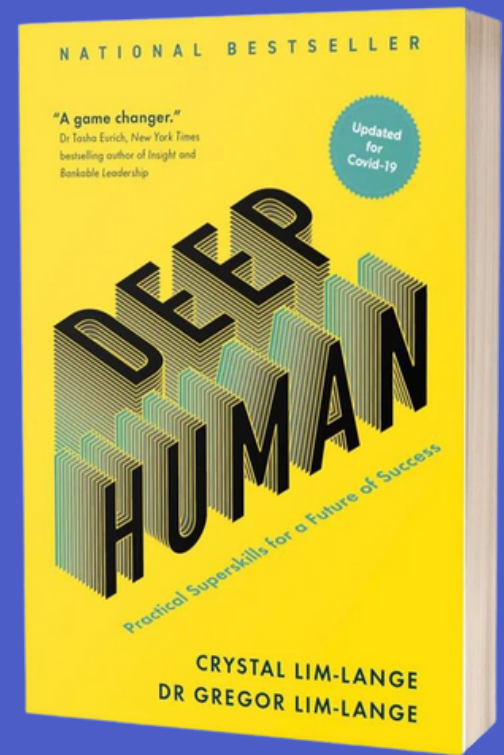
Values & Vision work



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DEEP HUMAN LEADERSHIP

is brought to you by the
Co-authors of National Bestseller
"Deep Human"



CRYSTAL LIM-LANGE

Leadership expert and educator
2x LinkedIn Top Voice
10+ million social media post views
CNA expert contributor on talent
CEO of Forest Wolf

DR. GREGOR LIM-LANGE

Psychology & Communication expert
Veteran educator & academic
Pioneer in Mindfulness & Emotional Intelligence
Chief Psychologist of Forest Wolf

MORE THAN 50,000 PEOPLE TRAINED